Self Assessment of Test Preparation and Performance
Development of New Studying Strategy

Step 1: For short answer and multiple choice questions, write the number of each question you got wrong and check which reason best applies for getting it wrong. For your “Other” answers, please explain below the chart.

<table>
<thead>
<tr>
<th>Question number missed</th>
<th>Not know enough detail</th>
<th>Didn’t read carefully</th>
<th>Filled in wrong letter/number on scantron</th>
<th>Erased first answer and chose new one</th>
<th>Was confused by the question</th>
<th>Other</th>
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“OTHER” EXPLANATION:

Step 2: For each question that you checked “Not know enough detail” fill in the location of the material

<table>
<thead>
<tr>
<th>Question number missed</th>
<th>Written on a PPT covered in lecture or lab</th>
<th>In handout</th>
<th>Spoken during lecture or lab</th>
<th>Read by you in assigned text or lab manual</th>
<th>Flesched out using text for PPT slides on own</th>
<th>Other</th>
</tr>
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Step 3: Assessing your study habits. Check all that apply.

- [ ] I had a set time where I showed up to study (____ hrs a day / every other day / week [choose])
- [ ] I skinned or read the chapter before lecture
- [ ] I skinned or read the chapter after lecture
- [ ] I completed LearnSmart and unit homework assignments
- [ ] I actively participated in class (took complete notes, paid attention, contributed to discussion of clicker questions)
- [ ] I reviewed my class notes within 24 hrs of the lecture
- [ ] I highlighted and/or reread my class notes
- [ ] I used the class review sheet to make sure my notes were organized correctly
- [ ] I rewrote my class notes and combined them with book info
- [ ] I checked my class notes with a neighbor to see if I wrote down everything
- [ ] I sought help for material I wasn’t sure about

That help came from:  ____ book  ____ professor  ____ study partner  ____ tutor  ____ Action Center

- [ ] I made flashcards with ____ vocabulary words ____ mock exam questions ____ conceptual material
- [ ] I reviewed my flashcards: ______ times a day / every other day / week (choose)
- [ ] I wrote out the answers to questions in the textbook (end of each section and end of each chapter)
- [ ] I answered questions on old exams without using my notes, book, or other source of help
- [ ] I wrote and answered my own sample test questions
- [ ] I made concept maps
- [ ] I practiced with the material by writing everything I could remember about each topic
- [ ] I practiced with figures by: ____ looking at them ____ explaining them ____ practicing labeling them

Step 4: On the back of this sheet, write a specific plan to prepare for the next exam. Your plan should include the details of how (and when) you will study on a regular day-to-day basis and the details of how you will specifically prepare for the exam. Discuss this with your instructor if you’d like, but keep it for reference.

A big “thank you” to Lena Ballard of Rock Valley College for the original version of this form!